

Down & Out

Choreographer: Judith Campbell "Hooked on Country" NZ – Sept 2009

Music: "Invisible" by Hal Ketchum

48 Count – 2 Walls – 2 Restarts

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Intro: 16 counts

Beats: **Steps:**

1 – 8 **Sway R,L – Side Shuffle R – Cross Unwind – Step Cross Unwind**

1 2 3&4 Step R to R sway, sway to L, shuffle to R side (RLR)

5 6 Cross L over R ft, unwind ½ to R, **(6:00)**

&7 8 Step R to R (&), cross L over R, unwind ½ to R **(12:00)**

9 – 16 **Fwd Coaster – Back Coaster – Cross Samba – Cross Sweep ** with ¼ Turn**

1&2 3&4 Step fwd on R, step L next to R, step back on R ft, step bk on L, step R next to L, step fwd on Lft

5&6 7 Cross R over L, step L to L side, step R in place, cross L over R,

8 Sweep R ft around turning ¼ to L – bringing R ft in next to L on ball of ft **(9:00)**

17 – 24 **Walk Walk – Shuffle – Step ½ Turn – ½ Turn Shuffle**

1 2 3&4 Walk fwd on R dragging L ft in to R, walk fwd on L drag R ft in to L, shuffle fwd on R ft (RLR)

5 6 7&8 Step fwd on L, turning ½ to L stepping back on R, turning ½ to L shuffle fwd on L ft **(9:00)**

25 – 28 **Side Rock Recover – Together – Back Rock Recover – Together**

1&2 Step/rock to R side on R ft, recover back onto L ft, close R next to L,

3&4 Step/rock bk on L ft, recover fwd onto R ft, close L next to R

29 – 32* **Step ½ Pivot – Step – Step – ½ Turn Step – Step Back***

5&6 Step fwd on R ft, ½ pivot to L, step fwd on R ft **(3:00)**

7&8 Step fwd on L ft, turning ½ to L stepping bk on R ft, step bk on L ft **(9:00)**

33 – 40 **Sweep back into Sailor Step – Cross Shuffle to R – Step ¼ Pivot L – Cross Shuffle to L**

&1&2 Sweeping R ft around to bk (&), step R behind L ft, step L to L side, step R in place

3&4 Cross/step L ft over front of R, step R to R side, cross L over front of R ft

5 6 7&8 Step fwd on R ft, ¼ pivot to L, cross R over L ft, step L to L side, cross R over L **(6:00)**

41 – 48 **Side Ball Change – Drag – Step Heel – Step Heel – Step – Rocking Chair**

&1 2 Step L to L on ball of ft (&), step R in place, drag L ft towards R picking L ft up behind R

&3 &4 Stepping down onto L ft (&), place R heel dig fwd, step R next to L (&), L heel dig

&5 6 7 8 Step L next to R (&), rock fwd onto R, recover bk onto L, rock back on R ft, recover fwd onto L ft

48 **Start the dance in new direction**

1st Restarts – On wall 3 dance to 32 *counts then turning ¼ to L as you restart dance to face the back wall

2nd Restart – On wall 5 dance to 32 *counts then turning ¼ to L as you restart dance facing back wall

Finish dance on the sweep facing front ** (without the ¼ turn)

